



## Head Lice Bug Busting

Dear Parents/Guardians,

We have decided to continue with **Bug Busters** in an effort to reduce and treat the number of outbreaks of head lice in the school. Bug busting is a very safe, effective and non evasive way to treat outbreaks of head lice without the use of pesticides.

- It teaches us how to detect and treat outbreaks
- It helps to break down the stigma attached to having head lice, through education and working together



Bug busting started in the 80's in England. It is based on the evidence that head lice that are completely saturated in moisture stay still. It uses an ordinary shampoo and conditioner and a special fine tooth comb. It works by interfering with the lifecycle of the bug. The whole school works together at the same time, so that everybody plays their part in Busting the Bug.

**Our Bug Busting will commence this Friday the 12<sup>th</sup> of January and repeated on Monday the 15<sup>th</sup> of January.**

Parents will then be asked to carry out the following:

- Wash your child's hair with your own ordinary shampoo as usual and rinse
- Dry it off a little
- Put conditioner on the hair and leave it on
- Leaving the conditioner in place, begin combing the hair section by section using the bug buster comb
- Slot the teeth of the comb into the hair right at the roots and draw it up to the tips
- Check the bug buster comb for head lice after each stroke by wiping it with kitchen paper or running it under the tap
- Repeat this action until the whole head has been combed through
- Rinse the hair and repeat the process when the hair is really wet
- This procedure is repeated on day 4 whether you have detected head lice or not

**ALL FAMILIES WILL CARRY OUT THE BUG BUSTING ON THESE NIGHTS AND IT IS ADVISABLE THAT ALL MEMBERS OF EACH FAMILY SHOULD BUG BUST**

This makes it a whole school effort which has proven to be very successful in the detection and treatment of head lice.

More information on the prevention of head lice, can be found on our school website [www.slanens.ie](http://www.slanens.ie) under the Info for Parents tab

Thank you for your cooperation

Paul O'Donnell

Principal

On behalf of the Board of Management

